

ANALISA ARROYO

University of Georgia | Department of Communication Studies
613 Caldwell Hall | Athens, GA 30602
Phone: (706) 542-4893 | Fax: (706) 542-3245
arroyo@uga.edu

EDUCATION

Doctor of Philosophy, 2013

University of Arizona, Tucson, Arizona
Communication with a minor in Family Studies and Human Development
Co-Advisors: Dr. Jake Harwood and Dr. Chris Segrin

Certificate in College Teaching, 2012

University of Arizona, Tucson, Arizona
Office of Instruction and Assessment

Master of Arts, 2010

University of Arizona, Tucson, Arizona
Communication
Co-Advisors: Dr. Jake Harwood and Dr. Chris Segrin

Bachelor of Arts, 2008

The Ohio State University, Columbus, Ohio
Communication and Sociology

EMPLOYMENT

University of Georgia, Athens, Georgia
Department of Communication Studies
Affiliations: Center for Health and Risk Communication; Obesity Initiative; Owens Institute for Behavioral Research
Assistant Professor, Fall 2013-Present

University of Arizona, Tucson, Arizona
Department of Communication
Teaching Assistant/Associate, Fall 2008-Summer 2013
Undergraduate Internship Coordinator, Summer 2012-Summer 2013

PUBLICATIONS

Peer Reviewed Journal Articles

Arroyo, A., & Brunner, S. (accepted). #Fitspirations and #FatTalk: The moderating roles of body surveillance and social comparison between friends' fitness posts and negative body talk. *Journal of Applied Communication Research*.

Arroyo, A., Segrin, C., & Curran, T. M. (accepted). Maternal care and control as mediators in the relationship between mothers' and adult children's psychosocial well-being. *Journal of Family Communication*.

- Arroyo, A.,** Segrin, C., Harwood, J., & Bonito, J. A. (accepted). Co-rumination of fat talk and weight control practices: An application of confirmation theory. *Health Communication*.
- Arroyo, A.** (2015). Magazine exposure and body dissatisfaction: The mediating roles of thin ideal internalization and fat talk. *Communication Research Reports*, 32, 246-252. doi: 10.1080/08824096.2015.1052905
- Atwell, A., Joyce, N., Harwood, J., & **Arroyo, A.** (2015). Necessary and sufficient conditions for positive intergroup contact: A fuzzy sets qualitative comparative analysis approach to understanding intergroup attitudes. *Communication Quarterly*, 63, 135–155. doi: 10.1080/01463373.2015.1012215
- Wright, P. J., **Arroyo, A.**, & Bae, S. (2015). An experimental analysis of young women's attitude toward the male gaze following exposure to centerfold images of varying explicitness. *Communication Reports*, 28, 1-11. doi: 10.1080/08934215.2014.915048
- Tang, C., Curran, M. A., **Arroyo, A.** (2014). Cohabitators' reasons for living together, satisfaction with sacrifice, and relationship quality. *Marriage and Family Review*, 50, 598–620. doi: 10.1080/01494929.2014.938289
- Arroyo, A.,** Segrin, C., & Harwood, J. (2014). Appearance-related communication mediates the link between self-objectification and health and well-being outcomes. *Human Communication Research*, 40, 463-482. doi: 10.1111/hcre.12036
- Arroyo, A.** (2014). Connecting theory to fat talk: Body dissatisfaction mediates the relationships between weight discrepancy, upward comparison, body surveillance, and fat talk. *Body Image: An International Journal of Research*, 11, 303–306. doi: 10.1016/j.bodyim.2014.04.006
- Arroyo, A.,** & Segrin, C. (2013). Family interactions and disordered eating attitudes: The mediating roles of social competence and psychological distress. *Communication Monographs*, 80, 399-424. doi: 10.1080/03637751.2013.828158
- Wright, P. J., & **Arroyo, A.** (2013). Internet pornography and U.S. women's sexual risk behavior: Results from a national sample. *Mass Communication and Society*, 16, 617-638. doi: 10.1080/15205436.2012.754045
- Wright, P. J., Randall, A. K., & **Arroyo, A.** (2013). Father-daughter communication about sex moderates the association between exposure to MTV's *16 and Pregnant/Teen Mom* and female students' pregnancy-risk behavior. *Sexuality & Culture*, 17, 1, 50-66. doi: 10.1007/s12119-012-9137-2
- Arroyo, A.,** Nevarez, N., Segrin, C., & Harwood, J. (2012). The association between parent and adult child shyness, social skills, and perceived family communication environment. *Journal of Family Communication*, 12, 249-264. doi: 10.1080/15267431.2012.686941
- Arroyo, A.,** & Harwood, J. (2012). Exploring the causes and consequences of engaging in fat talk. *Journal of Applied Communication Research*, 40, 167-187. doi: 10.1080/00909882.2012.65450

Segrin, C., Nevarez, N., **Arroyo, A.**, & Harwood, J. (2012). Family of origin environment and adolescent bullying predict young adult loneliness. *Journal of Psychology, 146*, 119–134. doi: 10.1080/00223980.2011.555791

Arroyo, A., & Segrin, C. (2011). The relationship between self-perceptions and other-perceptions of communication competence and friendship quality. *Communication Studies, 62*, 547-562. doi: 10.1080/10510974.2011.580037

Arroyo, A., & Harwood, J. (2011). Communication competence mediates the link between shyness and relational quality. *Personality and Individual Differences, 50*, 264-267. doi: 10.1016/j.paid.2010.09.041

Harwood, J., Paolini, S., Joyce, N., Rubin, M., **Arroyo, A.** (2011). Secondary transfer effects from imagined contact: Group similarity affects the generalization gradient. *British Journal of Social Psychology, 50*, 180-189. doi: 10.1348/014466610X524263

Peer Reviewed Book Chapters

Arroyo, A., & Harwood, J. (2014). Theorizing fat talk: Intrapersonal, interpersonal, and intergroup communication about groups. In E. L. Cohen (Ed.), *Communication Yearbook 38* (pp. 175-206). New York: Routledge.

Non Peer Reviewed Publications

Arroyo, A. (December, 2013). Social incompetence and disordered eating attitudes: The role of critical and overinvolved mothers. *Communication Currents*. [invited translation article] <http://www.natcom.org/CommCurrentsArticle.aspx?id=2438>

Arroyo, A. (June, 2012). “I’m so fat!”: The negative outcomes of fat talk. *Communication Currents*. [invited translation article] <http://www.natcom.org/CommCurrentsArticle.aspx?id=4586>

CONFERENCE PAPERS AND PRESENTATIONS

Arroyo, A., & Brunner, S. (November, 2015). #Fitspirations and #FatTalk: The moderating roles of body surveillance and social comparison between friends’ fitness posts and negative body talk. National Communication Association: Las Vegas, NV.

Andersen, K. K., & **Arroyo, A.** (November, 2015). The relationship between mother-daughter self-objectification: Exploring direct, indirect, and conditional direct effects. National Communication Association: Las Vegas, NV.

Curran, T. M., & **Arroyo, A.** (November, 2015). Self-objectification, appearance-related communication, and depression among middle-aged women: A mediational pathway. National Communication Association: Las Vegas, NV.

Arroyo, A. & Andersen, K. (May, 2015). *Appearance-related communication and body image outcomes: Fat talk and old talk among mothers and daughters*. International Communication Association: San Juan, Puerto Rico.

- Gallegos, M., **Arroyo, A.**, & Segrin, C. (May, 2015). *Stress and health: The role of communication with others*. International Communication Association: San Juan, Puerto Rico.
- Arroyo, A.**, Segrin, C., Harwood, J., & Bonito, J. A. (November, 2014). *Co-rumination of fat talk and weight control practices: An application of confirmation theory*. National Communication Association: Chicago, IL. **Top Paper** in the Health Communication Division.
- Arroyo, A.**, & Segrin, C. (November, 2013). *Family interactions and disordered eating attitudes: The mediating roles of social competence and psychological distress*. National Communication Association: Washington D.C.
- Arroyo, A.** (November, 2013). *Magazine exposure and body dissatisfaction: The mediating roles of appearance-related attitudes and fat talk*. National Communication Association: Washington D.C.
- Arroyo, A.**, & Wright, P. J. (November, 2013). *Young women's evaluation of female media models and subsequent self-evaluations*. National Communication Association: Washington D.C.
- Dunivan, M., & **Arroyo, A.** (February, 2012). *The motivations and consequences of deception in differing relationship stages*. Western States Communication Association: Albuquerque, NM.
- Arroyo, A.** & Harwood, J. (November, 2011). *A longitudinal analysis of the causes and consequences of engaging in fat talk*. National Communication Association: New Orleans, LA.
- Arroyo, A.**, Nevarez, N., Segrin, C., & Harwood, J. (November, 2011). *The association between parent and adult child shyness, social skills, and perceived family communication environment*. National Communication Association: New Orleans, LA. **Top Four Paper** in the Family Communication Division.
- Atwell, A., Joyce, N., Harwood, J., & **Arroyo, A.** (November, 2011). *Necessary and sufficient conditions for intergroup contact: A fuzzy sets qualitative comparative analysis approach to understanding intergroup attitudes*. National Communication Association: New Orleans, LA.
- Arroyo, A.** (November, 2010). *The cycle of shyness: Beyond initial interactions*. National Communication Association: San Francisco, CA.
- Arroyo, A.**, & Kline, S. (July, 2008). *The shy person's struggle in seeking social support*. International Association for Relationship Research: Providence, RI.

AWARDS AND FELLOWSHIPS

- Top Paper**, Health Communication Division of the National Communication Association, 2014
- Summer Research Grants** (\$5,000), Academic Affairs and Provost, *University of Georgia*, 2014
- Dissertation Award** (\$1,000), Department of Communication, *University of Arizona*, 2012
- Research Award** (\$1,000), Department of Communication, *University of Arizona*, 2012
- Research Award** (\$500), Department of Communication, *University of Arizona*, 2011
- Top Four Paper**, Family Communication Division of the National Communication Association, 2011

TEACHING EXPERIENCE

Graduate Education

Instructor of Record, University of Georgia

Family Communication Seminar, Fall 2014

Social Scientific Research Methods in Communication Studies, Spring 2015, Spring 2016

Undergraduate Education

Instructor of Record, University of Georgia

Empirical Research Methods in Communication, Spring 2014, Spring 2015, Fall 2015

Interpersonal Communication (Honors), Fall 2013, Fall 2015

Advanced Relational Communication, Fall 2013, Fall 2014, Spring 2016

Instructor of Record, University of Arizona

Health Communication Theory, Fall 2011, Fall 2012

Introduction to the Study of Human Communication, Summer 2011

Applied Organizational Communication, Fall 2009, Spring 2010, Summer 2010, Fall 2010

Teaching Assistant, University of Arizona

Intercultural Communication, Spring 2013

Nonverbal Communication, Spring 2012

Family Communication, Fall 2011

Introduction to Research Methods in Communication, Spring 2011

Theories of Small Group Communication, Spring 2009

Introduction to the Study of Human Communication, Fall 2008, Spring 2009, Summer 2009

MENTORING EXPERIENCE AND SERVICE

Ph.D. Advisor, *University of Georgia*

Timothy Curran (2014 -)

Kristin Andersen (2014 -)

Doctoral Committee Member, *University of Georgia*

Valerie Coles (2014 -)

Soela Kim 2014 -)

Thesis Committee Member, *University of Georgia*

Kristin Anderson (2013-2014)

Faculty Senate, *University of Georgia*, Fall 2014-Present

Planning and Evaluation Committee (Chair), Fall 2015-Spring 2016

Planning and Evaluation Committee, Fall 2014-Spring 2015

Directed Study, *University of Georgia*, Summer 2014
Timothy Curran, graduate, Spring 2015
Sara Aho, undergraduate, Summer 2014
Kristin Andersen, graduate, Fall 2013, Fall 2014

Faculty Mentor, *University of Georgia*
Kristi Schaller Fall 2013-Spring 2014

PROFESSIONAL DEVELOPMENT

OIBR Grantsmanship Development Program, *University of Georgia - Owens Institute for Behavioral Research*, Fall 2015-present

Academic Affairs Faculty Symposium: Transforming Graduate Education at the University of Georgia, *University of Georgia*, Spring 2015

Teaching Academy Fellows Program: An Early Career Faculty Mentoring Program, *University of Georgia*, Fall 2014-Spring 2015

Workshop on Modeling Individual Differences in Behavior (Multiple Regression, Structural Equation Modeling, Multilevel Modeling), *North Carolina State University – Department of Psychology*, Fall 2014

Family and Community as Pathways for Health: Obesity Prevention and Intervention Strategies, *Panelist at the State of the Art Conference, University of Georgia*, June 2014

Multilevel Analysis 101 with SPSS, SAS, and R, OIBR Stats Workshop, *University of Georgia*, Spring 2014

GrantSMART: Workshop on Developing NIH Proposals, *University of Georgia*, Fall 2013

Social and Behavioral Sciences Research Institute's Summer Research Grant Development Awards, *University of Arizona*, Summer 2011

AD HOC BLIND PEER REVIEWER

Communication Research, Summer 2015

Journal of Social and Personal Relationships, Summer 2015

Health Communication, Spring 2015

Journal of Health Psychology, Fall 2014

Journal of Family Communication, Spring 2011, Fall 2014

National Communication Association, Health Communication Division, Spring 2014

Journal of Family Issues, Fall 2013

Body Image: An International Journal of Research, Fall 2012, Fall 2013, Summer 2015

Canadian Journal of Behavioral Research, Fall 2011, Spring 2012

Journal of Family Psychology, Fall 2011

PRESS COVERAGE

Arroyo, A., & Segrin, C. (2013). Family interactions and disordered eating attitudes: The mediating roles of social competence and psychological distress. *Communication Monographs*, *80*, 399-424. doi: 10.1080/03637751.2013.828158

[*WebMD Magazine*](#), May 2014 Issue

[*Longevity Magazine*](#), October 2, 2013

[*Health.com*](#), September 30, 2013

[*Health24*](#), September 30, 2013

[*MSN – Healthy Living*](#), September 27, 2013

[*U.S. News and World Reports*](#), September 27, 2013

[*Drugs.com*](#), September 27, 2013

[*Free Press Journal*](#), September 24, 2013

[*Yahoo! News*](#), September 23, 2013

[*Business Standard*](#), September 2013

[*Science Daily*](#), September 18, 2013

[*Medical Xpress*](#), September 18, 2013

Arroyo, A. & Harwood, J. (2012). Exploring the causes and consequences of engaging in fat talk. *Journal of Applied Communication Research*, *40*, 167-187.

[*Fitness Magazine*](#), July/August 2012 Issue

[*Fox News*](#), March 27, 2012

[*MSNBC*](#), March 26, 2012

[*MSN Health and Fitness*](#), March 23, 2012

[*Yahoo! News*](#), March 23, 2012

[*Medline Plus*](#), March 23, 2012

[*Good Morning America*](#), March 23, 2012

[*U.S. Department of Health and Human Services*](#), March 23, 2012

[*U.S. News and World Reports*](#), March 23, 2012

Wright, P. J., Randall, A. K., & **Arroyo, A.** (2012, online). Father-daughter communication about sex moderates the association between exposure to MTV's 16 and Pregnant/Teen Mom and female students' pregnancy-risk behavior. *Sexuality & Culture*. doi:10.1007/s12119-012-9137-2

[*National Clearinghouse on Families and Youth*](#), May 13, 2014

[*Deseret News*](#), May 24, 2012

[*Yahoo! News*](#), May 22, 2012

[*The Atlantic Wire*](#), May 22, 2012

[*Newswise*](#), May 22, 2012

[*Live Science*](#), May 22, 2012

PROFESSIONAL ASSOCIATIONS

National Communication Association, since 2010

International Communication Association, since 2012

International Association of Relationship Research, since 2012

Updated: September 2015