# Elle Peggy Johnson

Department of Communication Studies University of Georgia Elle.Johnson@uga.edu

### PROFESSIONAL SUMMARY

- Research agenda focuses on communication dynamics and challenges prevalent for the chronically stressed, including underserved rural and farming communities, aiming to develop interpersonal communication strategies to improve the physical, mental, and relational health of these populations. Research has received recognition in both communication-specific and interdisciplinary journals and associations.
- Teaching record displays excellence and versatility, with experience designing and teaching courses on interpersonal communication, interpersonal conflict, empirical research methods, and interviewing skills. Previous teaching contexts have included large lectures, flipped classrooms, and fully online courses.
- Departmental leadership includes serving as the Spotlight Scholar Chair to organize an invited lecture from a leader in interpersonal and health communication, leading the development of the cortisol collection facilities for the department's IN-ACT lab, and mentoring undergraduate researchers on experimental design and data analysis.
- Notable honors from the University of Georgia include SEC Emerging Scholar, Dean's Award for the Social Sciences, and acceptance into the Department of Communication Studies Accelerated PhD program, the highest honor given to an incoming undergraduate student. Notable honors from the University of Tennessee include membership in the Haslam Scholars Program, College Scholars Program, Global Communication Scholars Program, and Baker Scholars Program for Public Policy.

### **EDUCATION**

#### Ph.D. Communication Studies, University of Georgia

Focus: Interpersonal and Health Communication

Committee: Jennifer A. Samp (Chair), Analisa Arroyo, Steven Beach, Jiaying Liu

Expected Graduation: May 2023

#### M.A. Communication Studies, University of Georgia, May 2020

Focus: Interpersonal and Health Communication

Committee: Jennifer A. Samp (Chair), Analisa Arroyo, Jennifer Monahan Thesis: "Dynamic Support-Seeking Goals and Message Content in Supportive

Interactions about Mental Health between Romantic Partners"

#### College Scholars, University of Tennessee-Knoxville, May 2018 B.A.

Focus: Health Communication and Promotion

Summa Cum Laude

Honors Thesis Title: "Understanding and Implementing Social Support Messaging

for the Nutritional Needs of College Freshmen"

### **EMPLOYMENT**

Fall 2014—present Graduate Teaching Assistant

Department of Communication Studies

University of Georgia

**TEACHING EXPERIENCE** 

Fall 2022 COMM 3500: Interpersonal Communication Theory

Instructor of Record

Spring 2022 COMM 2520: Introduction to Interviewing

Instructor of Record

Summer 2021 COMM 1500E: Introduction to Interpersonal Communication

Instructor of Record (Online course)

Spring 2021, Fall 2021 COMM 3700: Empirical Research Methods in Communication

Instructor of Record

Fall 2019—present COMM 1500: Introduction to Interpersonal Communication

Instructor of Record

Spring 2019 COMM 1500: Introduction to Interpersonal Communication

**Graduate Teaching Assistant** 

Fall 2018 COMM 4540: Interpersonal Conflict

**Graduate Teaching Assistant** 

# **PUBLICATIONS**

**Johnson, E.P.** & Samp, J.A. (2021). Stoicism and verbal aggression in serial arguments: The roles of perceived power, perceived resolvability and frequency of arguments. *Journal of Interpersonal Violence*. Advance online publication. doi: 10.1177/0886260521994583

Manuscripts Under Review:

**Johnson, E.P.** & Samp, J.A. (under review). Avoiding anger: Influences on avoidance strategies for stoic individuals in romantic conflict.

**Johnson**, E.P. & Samp, J.A. (under review). Blunted responses to stress in close relationships: Biological implications of supportive conversation in acute and chronic stress.

Manuscripts in Preparation:

**Johnson, E.P.** & Samp, J.A. #StillFarming: Impacts of the COVID-19 pandemic on marital communication and coping within farming spouses

- **Johnson, E.P.** & Samp, J.A. Impacts of stoicism for farmers in relational conflict
- **Johnson, E.P.** & Samp, J.A. Avoiding the pandemic: Investigating changes in biological stress following supportive conversations about COVID-19
- Johnson, E.P. & Samp, J.A. Towards the stoicism avoidance-aggression model

## **PRESENTATIONS**

Conference Activity:

- **Johnson, E.P.** & Samp, J.A. (2021). #StillFarming: Impacts of the COVID-19 pandemic on marital communication and coping within farming spouses. Paper at the annual meeting of the National Communication Association: Seattle, WA.
- **Johnson, E.P.** & Samp, J.A. (2021). *Stoicism and avoidance: The influence of relational factors in romantic conflict.* Paper presented at the annual meeting of the National Communication Association: Seattle, WA.
- **Johnson, E.P.** & Samp, J.A. (2019). Factors influencing perceptions of parental support about nutrition: Testing the dual-process theory of supportive communication outcomes. Paper presented at the annual meeting of the National Communication Association: Baltimore, ML.
- **Johnson, E.P.** (2019). To avoid or to respond? An application of advice response theory. Paper presented at the annual meeting of the Southern Communication Association: Montgomery, AL.
- **Johnson, E.P.** (2018). "Whoa, we can eat as much as we want": The role of social support messaging for college freshmen's nutritional habits. Paper presented to the Clevenger Undergraduate Honors Conference at the annual meeting of Southern States Communication Association: Nashville, TN.

Invited Talks:

- **Johnson, E.P.** (2019, October). Invited Speaker, *Managing Conflict and Power in Student Leadership*. Annual ServeUGA Networking Conference: Athens, GA.
- **Johnson, E.P.** (2021, March). Guest Lecture, *Farmers and COVID-19: Applied Research Experiences*. COMM3700: Empirical Research Methods, University of Georgia.
- **Johnson, E.P.** (2021, September). Invited Speaker, *First Impressions in the Modern World*. Georgia Commitment Scholars Networking Conference: Athens, GA.
- **Johnson, E.P.** (2021, October). Guest Lecture, *Utilizing biometrics in interpersonal communication research*. COMM8700: Graduate Empirical Research Methods, University of Georgia.

## **ACADEMIC AWARDS AND HONORS**

2022 **Outstanding Teaching Assistant** University of Georgia **Southeastern Conference Emerging Scholar** 2021 University of Georgia 2021 **Graduate School Dean's Award for the Social Sciences** University of Georgia 2017 **Baker Scholars Program for Public Policy** University of Tennessee 2016 **Global Communication Scholars Program** University of Tennessee 2015 **College Scholars Program** University of Tennessee 2014 **Haslam Scholars Program** University of Tennessee **RESEARCH FUNDING** 2021 Avoiding the Pandemic: Investigating Changes in Stress Following Supportive Conversations about COVID-19 Dean's Award for Social Sciences, The Graduate School, UGA

Dean's Award for Social Sciences, The Graduate School, UGA Departmental Seed Grant, Department of Communication Studies,

UGA (\$6,032)

2020 Farming Spouses Coping with Opioid Misuse and COVID-19

Departmental Seed Grant, Department of Communication Studies,

UGA (\$1,775)

# UNIVERSITY SERVICE AND LEADERSHIP

*To the University of Georgia:* 

Fall 2020—Spring 2021 Spotlight Scholar Chair

Department of Communication Studies

Spring 2019—present Undergraduate Research Supervisor

Department of Communication Studies

Fall 2018 Public Speaking Contest Judge

Department of Communication Studies

To the University of Tennessee-Knoxville:

Fall 2017—Spring 2018 Campus Smoking Policy Task Force

Student Representative

Office of the Vice Chancellor

Fall 2017—Spring 2018 Commission for Women

Student Representative UT Diversity Council

Fall 2016—Spring 2018 Community Coordinated Task Force for Sexual Assault

Student Advisory Board

### **UNDERGRADUATE MENTORSHIP**

Fall 2021—Spring 2022 Cortisol collection project with mentorship focusing on interaction

data collection, biological specimen collection, and data analysis *Mentored students: Skylar Barth, Natalia Duron, Abbie Earnest,* 

Brandon Morris, and Tara Schrum

Spring 2021 Literature review with focus on reading, organizing, and

interpreting academic texts about COVID-19.

Mentored students: Ashley Busby

Fall 2019—Spring 2020 Interaction observation project with mentorship focusing on

interaction data collection and data analysis

Mentored students: Kayla Davis, Amanda Millar, Autumn

Venson-Roscoe, Forrest Whitlark

**Spring 2019** Literature review with focus on reading, organizing, and

interpreting academic texts about farmers' communication.

Mentored students: Mckensie Martin, Stewart Macdonald

# **ACADEMIC AFFILIATIONS**

International Communication Association (ICA)

National Communication Association (NCA)

Southern States Communication Association (SSCA)